

Founded  
5745/1985

Tevet & Sh'vat 5777  
January 2017

Happy 2017!

# TEMPLE BETH SHALOM

<http://tbsfwb.com>

Your Jewish home on the Emerald Coast

Rabbi

Yonatan Greenberg

President

Ed Mandel

1st Vice-President

Charles Wise

2nd Vice-President

Secretary

Mark Hammer

Treasurer

Glenn Scharf

Past President

Marty Siegel

Board of Directors

Mark Hammer, Andria Hill,  
Erwin Fleet, Dave Kaplan,  
Edith Mathis, Georgi Sanborn

Religious School

Chad Hill

Religious Practices

Chuck London

Administrative Assistant

Webkeeper

Robin L A Matheson

Our Location:

227 Beal Parkway NW at  
Nature's Trail Court  
Fort Walton Beach, FL

Mailing Address & Phone:

PO Box 111  
Fort Walton Beach, FL  
32549-0111  
(850) 862-6086

Email Address:

[shalom@tbsfwb.com](mailto:shalom@tbsfwb.com)



## Helping Kids Cope with Our Troubled Times

The cacophony of awful, angry, trying news this past 6 months and beyond is troublesome for many, if not all, and that goes for our kids, too. Many of us are torn between watching and listening to the 24/7 onslaught of media coverage and the desire to turn off everything imaginable and run away into a world where bad events could never ever take place. The faces of grieving communities, destroyed towns, civic unrest, war, & political infighting haunt us. What can we do to help our children to process and cope with the same noisiness we hear 24/7? In this Internet-savvy world we live in, there has been a flurry of advice to parents. My way of coping is to add my voice to the discussion. My thoughts are simple and are focused on today, not on next week. Next week we can talk about next week.

1. **Be present.** That means that to the extent possible spend time with your kids this week. And more importantly, that means that when you *are* with your children, be with them. Play with them, talk with them, and create with them. When you are spending time with them, let the phone go unanswered and let your email go unread for a few minutes.

2. **Listen to your children.** And then listen some more. Listen and then respond calmly and simply. The exact words you use are less important than the fact that you are there to listen to what they are saying, thinking and feeling. A "yes, it is scary" can be one of the most calming responses to a child. No, you can't promise them that you will keep them safe. But you can be there when they express fear or sadness or have questions.

3. **Turn off the TV and radio** when you are with them. They don't need to keep hearing about it. It will not help them.

4. Lastly, but not least, **find ways to process this for yourself.** This new reality will now have to be integrated into your life

To **KIDS** - PG.4



## the President's Corner

E

very year around this time, millions of Americans formulate their New Year's Resolutions. This is usually a promise to do an act of self-improvement or just something nice for others. So, when and where did this custom originate?

Babylonians made promises to their gods at the beginning of each year to return borrowed objects and pay their debts. The Romans would begin each year by making promises to the god Janus, for whom the month of January is named.

Of course in Judaism's New Year observances from Rosh Hashanah to Yom Kippur, one is to reflect upon their wrongdoings and both seek and offer forgiveness. With this concept in mind, may I offer a few suggestions if you are looking for a Temple Beth Shalom inspired secular New Year's resolution. Feel free to make one (or more) your very own.

- Come to Temple more often. You can work on your personal relationship with God and enjoy the fellowship and friendship of others. You can also add your voice to our congregational singing.
- Donate a little extra to TBS. You can start your 2017 tax deductions early and help improve the spectrum of activities of our Temple.
- Volunteer some time. You may wish to serve on a Temple committee (ask me for opportunities) or help to educate our children at Religious School.
- Go to a Temple "Night on The Town" social outing, usually held every 2-3 months. Always great fun, food, and schmoozing.
- Serve on the Temple Board of Directors. This is a great opportunity to meet people and have a direct impact on our policies and activities. We elect Board members at the annual congregation meeting usually held in May or June.

To **PREZ** - PG.4

## DONATIONS

When contributing to TBS  
please consider these established categories  
in addition to any causes  
that are dear to your heart, & we thank you.

BREAK-THE-FAST  
BUILDING FUND  
MEMORIAL PLAQUES  
MITZVAH CARDS  
PRAYER BOOK DONATIONS / DEDICATIONS  
RABBI LEAF FUND  
SPECIAL FUND  
TBS FOUNDATION  
TREE OF LIFE LEAVES  
WASHOFSKY/TBS FOUNDATION SUMMER CAMP FUND  
Yahrzeits  
YIZKOR

CARRIE GLASSMAN HIGH HOLY DAYS FLOWER FUND  
The Hertzfeld Family

### GENERAL

Carole & Mark Hammer  
☆ For the new LED bulbs in the Yahrzeit plaques  
Ronisha Carter  
Lila & Phil Block  
Jan & Steven Yellin

### JEWISH NATIONAL FUND

Holly Hoover  
☆ 1 tree planted in memory of Jeffrey  
☆ 1 tree planted in memory of Sam  
☆ 1 tree planted in memory of Helen  
Lori and Craig Oliver  
☆ 1 tree planted in memory of "Dad" Snyder

### ✧TREASURER'S CORNER✧

If you have any questions regarding financial matters, general or personal, do not hesitate to contact me. Remember all conversations are confidential and are not discussed with other Board or temple members.

It is the policy of Temple Beth Shalom that members are **NEVER** turned away for financial reasons.

**REMINDER:** Mail checks & receipts to:

Temple Beth Shalom Attn: Treasurer

PO Box 111

Ft. Walton Beach, FL 32549-0111

**Glenn Scharf**

[glenn.scharf@saltmarshcpa.com](mailto:glenn.scharf@saltmarshcpa.com)

(850)243-6713 (office) (850)598-1596 (cell)



## January Dates to Remember

### Birthdays

Amy Rubenstein	1/04
Glenn Scharf	1/04
David Kaplan	1/07
Joyce Karlson	1/13
Laura B. Wright	1/14
Miriam Callier	1/16
Laura Callier	1/16
Arnold Pearl	1/18
Chaya Scharf	1/21
Cheryl Elul	1/25

### Wedding Anniversaries

Cheryl & Rafi Elul	1/26
--------------------	------

### Yahrzeits

Philip Helman	1/03
Anna Evans	1/05
Grace Goldberg	1/05
Esther Copel	1/06
Miriam ben Nachum	1/07
Roscoe Trollinger	1/07
Ruth Hessel	1/08
Evelyn Gross	1/11
Louis Niebulski	1/14
Samuel Badian	1/15
Muriel Chasan	1/17
Larry Ashley	1/20
Frank Levine	1/22
Guyton Galard	1/25
Anna Kessler	1/27
Harry Diamond	1/28
Wallace Allen	1/30
Aura Wise	1/31

*May their Memories and our  
Simchot be, for us, Blessings.*

Please note that Kaddish is recited at the Friday Shabbat service after the Yahrzeit. If the Yahrzeit occurs on a Saturday, it is recited the previous Friday night. If you would like to make a donation in memory of your loved one, as is traditional, you may do so by sending a check to Temple Beth Shalom, PO Box 111, Ft. Walton Beach, FL 32549-0111. Please write in the memo line "Yahrzeit donation in memory of \_\_\_\_\_".

If you want to make a correction or addition, please email [shalom@tbsfwb.com](mailto:shalom@tbsfwb.com) or leave a message at (850)862-6086. ☆

**REFORM JUDAISM**  
UNION OF AMERICAN HEBREW CONGREGATIONS *online*



The **Chavurah** (or group of friends) **List** includes those people who would like to be notified when other members of the congregation are in the hospital (assuming the member or someone in his or her immediate family approves the notification), have babies, or when either a member or someone in their immediate family passes away.

You can be added to this list at any time. For those of you who do not have Email access, being added to a phone notification list is possible as well.

If you have any questions or want to be added to a phone notification list or want to update your information, please contact Robin Matheson at [shalom@tbsfwb.com](mailto:shalom@tbsfwb.com). ☆

*Robin Matheson* **EDITOR/PUBLISHER**

31 Emory St. Mary Esther, FL 32569-1619  
(850)217-8263 [matheson31@cox.net](mailto:matheson31@cox.net)

**DEADLINE:** NLT the 21<sup>th</sup> of each month, **PLEASE!!**

**Advertise!** \$10 / month OR 6 months / \$50.

**Favorite** businesses! Your **own** business card!

**Taglit-Birthright Israel** has loosened its eligibility requirements for those wishing to participate in its free 10-day Israel trips.

During a meeting of its steering committee, the organization, whose funding comes from a consortium of philanthropic funds, Jewish communal groups and the government, announced it will expand the program to include people who had previously toured Israel as part of a high school trip.

The new guidelines will go into effect this summer.

Until now, those eligible were Diaspora Jews, aged 18 to 26, who have never traveled to Israel on a peer educational trip or study program and have not have lived in Israel past the age of 12.

Trips for those who have previously come to Israel on such programs will be paid exclusively by Diaspora organizations.

Jerusalem and Diaspora Affairs Minister Naftali Bennett, who chairs the committee, said expanding Birthright would strengthen the identity of Jewish students as well as their understanding of Israel.

“Expanding the participation criteria to Jews who visited Israel earlier in their lives will empower them further to balance the perception of the country in the Diaspora, on college campuses and Jewish communities around the world,” Bennett’s ministry said.

<http://www.birthrightisrael.com/visitingisrael/Pages/Eligibility.aspx> ☆

This home ritual comes from The Book of Jewish Sacred Practices, an anthology of rituals put together by the National Council for Learning and Leadership (CLAL). The theme is being thankful for what we have and thoughtful in praying for what we need (not want, but truly need). The ritual suggests setting time each day for this consideration. It begins with a meditation:

△ Prayer for What I Need:

*We used to pray for wine, flour, oil. We knew the deal: We praised You, and asked for the things we needed. We expected You would come through.*

*I still need wine, flour, and oil. But I do not ask for them. (The market is just down the street).*

*This does not mean You are off the hook. As I see it, the deal stands: MY coming through, MY asking for what I cannot get alone.*

*These are the staples: Love, health, work, protection. And this is what I need now:*

*I need to have the courage to call out to You when I am in need.*

*I need You to be ready to hear me.*

*Min ha'meitzar karati Yah, anani va'merchav Yah.*

*I have called You from tight places, You have answered me with expansiveness.*

The Blessing after you have prayed for what you need is:

*Va'ani t'filati l'kha Adonai ayt Ratzon, elohim b'rov chasdekha, anani.*

*Hear my prayer now, and in Your compassionate ways, please answer me.*

*Baruch atah she'asah li kol tzorki. Baruch atah shomei'a t'filah.*

*Blessed is the One who provides for all my needs.*

*Blessed is the One who hears my prayer. ☆*

## Temple Beth Shalom Foundation

Temple Beth Shalom has a Foundation with the goal of developing a permanent base of financial support for the congregation. This Foundation serves to assist in achieving the congregational and Jewish communal philanthropic goals in the most tax advantaged manner. It engages in religious, charitable and educational endeavors. Your gifts and bequests will ensure, augment, strengthen and fortify the congregational resources. The Foundation is here to help you memorialize loved ones or ensure a special wish is perpetuated for future generations. Your attorney can help you with a plan that will accomplish your desires in this regard. For additional information, please contact Burt Clayman ([burt.clayman@gmail.com](mailto:burt.clayman@gmail.com)) for information or ways to plan a gift. ☆

**PREZ** - from pg. 1

- Go to a local Hadassah meeting. Great food and fellowship and usually a fascinating guest speaker. Also you will be performing a 'mitzvah' by contributing to Hadassah's charities.

As we enter into 2017, if we bring our full energies and enthusiasm with us, we can each enhance our Temple and Jewish experience for all of us. Della and I wish all of you a happy, healthy, and prosperous New Year. Shalom!

**Ed Mandel**  
President

**KIDS** - from pg. 1

as a parent. You need to express it and process it so that you do not have to process it with your children. If you are a writer, write something. If you are a painter, paint something. If you are a singer, sing something. If you are a doer, do something. If you are a talker, call a friend, or go out with friends and talk about it. Or find a coach, a therapist or a parenting consultant to help you integrate this into your life. Getting help for yourself so that you can help your children is a sign of strength. As we are told every time we take a plane ride, "Put the oxygen mask on your face before you assist your children".

It is true on airplanes, it is true during everyday life, it is true during storms and it is particularly true in times of crisis.

*Margie Bogdanow is a parent educator, coach, and consultant in the Greater Boston area. ☆*

**TBS Summer Camp Grants**

If you are a member of the Temple and have a child or children attending one of the Union for Reform Judaism's summer camps (or another Jewish related camp) in the summer of 2017, grant money is available through Temple Beth Shalom and possibly through the Temple Beth Shalom Foundation (the latter grant is restricted to those attending a URJ sponsored summer camp). If you would like to apply for either or both of these grants, please follow the instructions below. We need your request (preferably via Email) not later than March 31, 2017.

Requests for both grants should be sent to [shalom@tbsfwb.com](mailto:shalom@tbsfwb.com). The E-mail must include all the following information:

1. The request for the grant,
2. Your name and mailing address,
3. The names and ages of each child who will be attending,
4. The dates they will be attending, and
5. The name of the camp.

Please remember that your request must be received no later than **March 31, 2017**. Email: [shalom@tbsfwb.com](mailto:shalom@tbsfwb.com)

Don't let this money slip through your fingers! ☆



The Men's Breakfast Chavurah will meet on Tuesday, January 10, 2017 at the Cracker Barrel, Destin, at 8:30 AM.

Topics are, as usual, open, and informal. Fellowship is foremost. Encourage others to join our group. Pass the word around - all temple men are welcome.

**Phil Block**

(850)897-5057      [pblock37@yahoo.com](mailto:pblock37@yahoo.com)

**Got Lawn Mower?**

**TBS** needs a used, serviceable gas lawnmower that is preferably self-propelled. If you have one that is no longer needed, please consider turning it over to the Temple.

The lawn mower donated about 10 years by the Oliver family will no longer start.

Another solution would be if you are a handyman and can help get this one running.

Please contact our buildings and Grounds kahunas at Mark Hammer ([carmarhamm@cox.net](mailto:carmarhamm@cox.net)) OR Charles Wise ([craywise@yahoo.com](mailto:craywise@yahoo.com)). Thanks! ☆



**10 reasons to have a Happy 2017:**

10. OK to wear funny hats.
9. No more holiday TV specials.
8. Visiting relatives go home.
7. Santas & Christmas carols are history.
6. Finally get to scrape menorah candle wax off the table.
5. Over 4 months 'til hurricane season.
4. Get to exchange all those awful gifts.
3. Leftover latkes finally gone.
2. Football season is almost over.

AND THE #1 REASON TO HAVE A GOOD 2017 IS...

**YOU'VE SURVIVED YET ANOTHER YEAR!!**



# January 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <span style="color: red;">NO</span> Religious School - Winter Break	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b> <b>6:30 PM</b> Erev Shabbat <u>Vayigash</u> Lay Service & Oneg led by Ed Mandel	<b>7</b> <b>10 AM</b> Weekly Torah/ Haftarah/ Prophets, Study and Discussion
<b>8</b> <b>9:00 AM</b> Religious School	<b>9</b>	<b>10</b> <b>8:30 AM</b> Men's Breakfast Chavurah, Cracker Barrel, Destin  <b>6:30 PM</b> Board of Directors meets <span style="color: green;">All are Welcome!</span>	<b>11</b>	<b>12</b>	<b>13</b> <b>6:30 PM</b> Erev Shabbat <u>Vayechi</u> Lay Service & Oneg led by Mark Hammer	<b>14</b> <b>10 AM</b> Weekly Torah/ Haftarah/ Prophets, Study and Discussion
<b>15</b> <b>9:00 AM</b> Religious School	<b>16</b>  MLK, JR. BIRTHDAY	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b> <b>6:30 PM</b> Erev Shabbat <u>Shemot</u> Service & Oneg led by Rabbi Yoni	<b>21</b> <b>10 AM</b> Weekly Torah/ Haftarah/ Prophets, Study and Discussion w/ Rabbi Yoni
<b>22</b> <b>9:00 AM</b> Religious School	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> <b>6:30 PM</b> Erev Shabbat <u>Vaera</u> Lay Service & Oneg led by Robin Matheson	<b>28</b> <b>10 AM</b> Weekly Torah/ Haftarah/ Prophets, Study and Discussion  <span style="color: blue;">Rosh Hodesh Sh'vat</span>
<b>29</b> <b>9:00 AM</b> Religious School	<b>30</b>	<b>31</b>	<span style="color: blue; font-style: italic;">Andria Hill is this month's Friday Night Closer</span>			



Temple Beth Shalom  
 PO Box 111  
 Ft. Walton Beach, FL  
 32549-0111

### January TBS Events At-a-Glance



Friday,	Jan 6,	6:30 PM,	Kabbalat Shabbat <a href="#">Vayigash</a> Lay Service & Oneg
Saturday,	Jan 7,	10 AM,	Weekly Torah Study, History & Evaluation
Tuesday,	Jan 10,	8:30 AM,	Men's Breakfast Chavurah – Cracker Barrel - Destin
		6:30 PM,	Board of Directors meets
Friday,	Jan 13,	6:30 PM,	Kabbalat Shabbat <a href="#">Vayechi</a> Lay Service & Oneg
Saturday,	Jan 14,	10 AM,	Weekly Torah Study, History & Consideration
Friday,	Jan 20,	6:30 PM,	Kabbalat Shabbat <a href="#">Shemot</a> Service & Oneg
Saturday,	Jan 21,	10 AM,	Weekly Torah Study, History & Scrutiny
Friday,	Jan 27,	6:30 PM,	Kabbalat Shabbat <a href="#">Vaera</a> Lay Service & Oneg
Saturday,	Jan 28,	10 AM,	Weekly Torah Study, History & Overview

Religious School meets every Sunday this month EXCEPT the 1<sup>st</sup>!